



## Teresa Cooley

September 10, 1964 - February 20, 2026

Teresa Ann Cooley, 61 of Union Grove passed away Friday, February 20, 2026, at her residence. She was born September 10, 1964 in Arab the daughter of John David Cooley and Betty Benefield. She worked at Arab Foodland up until her health started declining and was a member of the Arab First United Methodist Church. She cherished every moment spent with her family, especially her grandsons, whose laughter always brought her joy.

She is survived by her daughters: Heidi (Nita) Bennett and Ashley (Dennis) Malone; grandsons: D.J. and Elijah; sister: Angela (Clark) Edwards; brothers: Rodney Lynn (Cathy) Cooley and David Cooley. She was preceded in death by her parents: Betty and Rufus Green, John and Darlene Cooley.

The family has chosen to honor her wishes with cremation with no formal service. Gober Funeral Chapel assisted the Cooley family with cremation arrangements.

# Tribute Wall

ML

“ I worked with her for a long time at foodland and always enjoyed her company! We had many many laughs! I pray for her family and friends. ❤️ She will be missed.



Melissa Long - March 10 at 06:48 AM



“ I remember when she worked at foodland she was so sweet and nice and yrs later we got to knowing each other better and she was a great person and will be dearly missed rest in peace now fly high with the angels



Anne Green - February 20 at 10:10 PM

JL

“ Teresa always had such a sweet, engaging smile. She will be missed. I am so sorry for your loss. I know you have wonderful memories to cherish.



Joyce (Marcotte) Lund - February 20 at 09:13 PM